

Dear JKA Family,

We had a fantastic Gasshuku this year again. This is 4<sup>th</sup> edition of JKA Malaysia Gasshuku over the weekend of 14<sup>th</sup> to 15<sup>th</sup> September 2024 at local Youth & Sport Complex in the beautiful island state of Penang, Malaysia. Karateka from various JKA dojos from Malaysia states of Perlis, Kedah, Penang, Kuala Lumpur & Selangor participated in these two days event which was followed by Dan grading.

There are a total 39 participants attended Gasshuku including visiting members from JKA Thailand. Thanks to all the participants and of course to Ryota Osato Sensei, who visited us for the very  $1^{st}$  time.

We worked on our basic skills, very much emphasized on Kihon & Kata and Kumite. Of course, we went through many katas: all the Heian Katas, Tekki Shodan, Jion, Empi, Bassai Dai, Kankudai & Wankan. Osato Sensei's teaching emphasize on Dachi movement, executing proper Tzuki & Geri without compromising the effectiveness of the karate techniques. The teaching of JKA kata includes its application and complete analysis (Bunkai).

We have also successful conducted a Dan & Qualification examination with the following results: SHODAN: 7 & Instructor D: 1.

The evening (14<sup>th</sup> September) was celebrated with a welcome party in honor of Osato Sensei where all Gasshuku's participants and their families attended.

Our members feel truly rejuvenated with the experience and are looking forward to the visit of JKA Instructor from the JKA Headquarters in the future.

I take the opportunity to thank JKA Headquarters, Osato Sensei and all JKA members for making this event a grand success.

We look forward to repeat this event again in 2025.

Oss!

From,
Paul Chong
JKA Malaysia Representative

## Photo from Gasshuku:













## **Welcome Dinner:**



## Dinner After Training:

