## 7<sup>TH</sup> JKA/WF KENYA EAST AFRICAN REGION GASSHUKU (SEMINAR)

JAPAN KARATE ASSOCIATION WORLD FEDERATION KENYA held its 7<sup>th</sup> Gasshuku in Nairobi Kenya and the larger East African region countries conducted by Shihani Koichiro Okuma 7<sup>th</sup> Dan from JKA headquarters Japan and Sensei Daniel Gombe 6<sup>th</sup> Dan Director South Sub Sahara Africa Region. The Seminar was from July 31<sup>st</sup> to 4<sup>th</sup> August 2024. The training and standardization of techniques, Kihon, Kata, Kumite, judging, instructor and referee lessons was conducted which was very appealing and good, Members were very happy and we are already planning for the next Gasshuku The East Africa Region JKA Members learned a lot in this seminar over 300 participants attended the seminar

JKA Members Dan grading and qualification was Conducted where 17 Karatekas archived Shodan 1 attained Nidan and 2 archived Yodan grades.



7<sup>TH</sup> JKA WF KENYA EAST AFRICA REGION GASSHUKU 31<sup>ST</sup> JULY- 4<sup>TH</sup> AUGUST 2024 GROUP PHOTO













Koichiro Okuma Shihan 7<sup>th</sup> JKA WF Kenya East Africa Gasshuku



JKA WF Kenya- President George Kithi



Abdalla, Peter Senseis & George President JKA WF Kenya at the Gasshuku



Time to Rei after training



JKA WF KENYA LADIES AT THE GASSHUJKU



JKA WF KENYA JUNIOR CADETS AT THE GASSHUKU