

公益社団法人  
日本空手協会

 JKA/WF ZANZIBAR

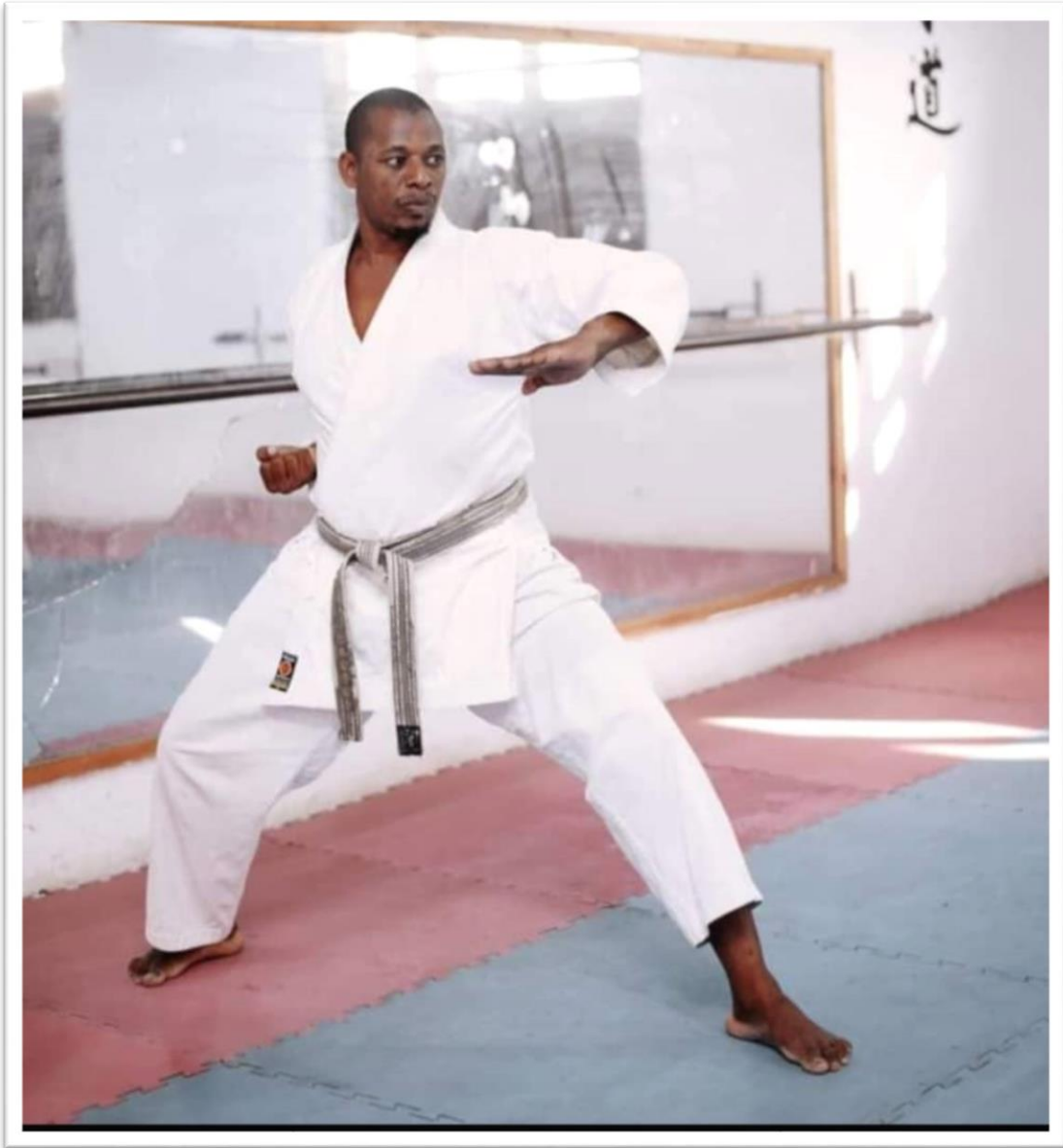
## REPORT OF THE JKA/WF ZANZIBAR TRAINING AND DAN GRADING SEMINARS 26-28 APRIL 2024

JKA Director for Africa Sub-Sahara, Sensei Daniel Gombe (6th Dan), conducted a Shodan to Sandan grading and training seminar in Zanzibar between 26 and 28 April 2024. Sensei Abdulla Hussein Rashid, the Chief Instructor of JKA/WF-Zanzibar organized and hosted the Gasshuku.

In total there were 55 Participants from Kenya, Tanzania mainland and Zanzibar. Among them were JKA members and non JKA members. The delegation from Kenya included Sensei David Mulwa and Sensei Peter Njagi.



*Figure 1: At center is Sensei Daniel Gombe from South Africa with Sensei Peter Njagi from Kenya .Left is sensei David Mulwa from Kenya and at right is sensei Abdulla Hussein from Tanzania at opening the JKA/WF-Zanzibar First Gashuku Semina 2024.*



*Figure 2 . Sensei Abdulla Hussein Rashid, the Chief Instructor of JKA/WF-Zanzibar at Zanzibar Karate Club Dojo.*

The first of the seminars, held at Tumekuja School Multipurpose Hall began with an official opening by the Secretary of Zanzibar Sports Council Mr. Said Mareen.



*Figure 3: Students participate in First gashuku semina at Tumekuja Secondary School Zanzibar.*

Afterwards, Sensei Gombe facilitated training that focused on the generation of power by rotating the hips. Sensei Gombe also emphasized correct foot positioning relative to the direction of motion. In addition, he emphasized the importance of the body's centre line when executing attacking or defensive movements. Day 1 ended with a 100 squat kick drill to commemorate the 67th anniversary of the passing on of Shotokan Karate founder Sensei Gichin Funakoshi.



*Figure 4: Sensei Daniel Gombe (6th Dan) during training*

The Day 2 seminar was held at the Mao Zedong Stadium Multipurpose Sports Hall. The training focused on kumite drills designed to maximize penetration of attacks. Participants were also taken through Heian katas 1-5, plus Tekki Shodan and Jion.



*Figure 5 Students during training.*

Finally at Day 3 training on 28th April focused on take down drills and Bassai Dai. And after that the 7 students undertake the DAN examination where by Six among them was SHODAN. and 1 student was NIDAN.



*Figure 4: Abdulrahman Abdalla Hussein among the students who did Dan Examination-Shodan.*

After the grading, there was a closing ceremony officiated by the Guest of Honor, Mr. Khamis Abdulla Said who is the Principal Secretary of the Ministry of Education and Vocational Training of The Revolutionary Government of Zanzibar. He promised to cooperate with JKA/WF-Zanzibar in promoting Karate to be taught in government schools in Zanzibar.



*Figure 5: At center is the Principal Secretary of the Ministry of Education and Vocational Training of the Revolutionary Government of Zanzibar when closing ceremony.*



*Figure 6 : The Principal Secretary of the Ministry of Education and Vocational Training of the Revolutionary Government of Zanzibar giving the Certificate of participation to 7 students who did Dan Examination.*