

SPRING CAMP 2024 – JKA Belgium

Invited by JKA Belgium, OKUMA Koichiro Sensei, SHIMIZU Ryosuke Sensei et OKUIE Satomi Sensei have lead this camp.



They were supported by different Belgian instructors.

Coming from different countries of Europe but also from Moroc and Canada, with a total of 840 participants in 3 days, led this camp to a high international level.



Starting from the **Kata** as a base all aspects of the Kata was given such as basic elements as Stability, correct execution of the waza, body posture, stances, rotation of the hips, hikite and also the application in Kumite.

By putting the accent to the basics the general level of the participants got better.

This great camp ended by throwing the traditional “eastern eggs” to the young people.
Also many thanks to the people who helped with the organization.
It was a great honour to have the opportunity to train in this camp with JKA HQ instructors together with Belgian instructors.
All members of JKA Belgium want to thank you all.



We are looking forward to our next appointment with Ogura Sensei, Naka Sensei and Ohta Sensei as invitees together with different Belgium instructors in our Summer Camp in July 5-6-7 In Ghent!

JKA Belgium

